

**before** she raises her voice again...  
**before** she raises her hand again...



say **Amen** and call us

Amen aims to **reduce female domestic violence** in our society.

We provide a confidential telephone helpline service which enables men to take the first steps in **ending their partners use of violence against them** in their personal relationship

amen | *abused men's helpline*

046-23718

every day | 24 hours a day



Charitable Status No.CHY 13025

