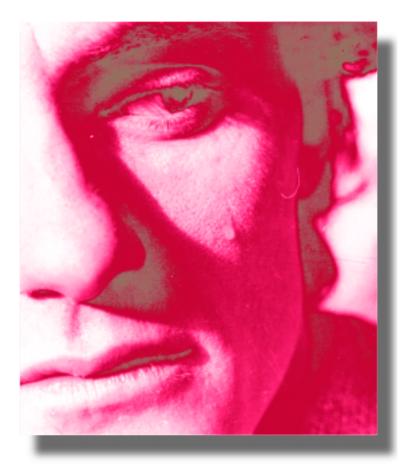
## before she raises her voice again... before she raises her hand again...



## say **Amen** and call us

Amen aims to **reduce female domestic violence** in our society.

We provide a confidential telephone helpline service which enables men to take the first steps in ending their partners use of violence against them in their personal relationship

## amen labused men's helpline

046-23718

every day | 24 hours a day



